

Volunteer McKenzie expenses

Some FNF members offer their services for free as McKenzie friends. They wish to give back to the charity and support those going through what they once might have been through.

This does not mean that they can be taken for granted. Apart from thanks they will appreciate being offered support with their expenses.

FNF strongly recommends that payment of volunteer expenses should be a matter of course and yet understands that it can be embarrassing to ask or offer.

Therefore we offer this as a guide:

Item	Suggested payment
Travel	40p per mile or 2 nd class fares whichever is cheaper.
Taxis	As necessary. McKenzies should not have to walk long distances with heavy bundles.
Meals	£4 for breakfast £5 lunch Up to £10 supper Plus pay for teas and coffees.
Overnight accommodation	Cost of reasonable Bed and Breakfast if personal hospitality not available or suitable.
Photocopying	At least 5p a sheet, more if it has to be done in a commercial copy shop
Computer costs	An allowance for replacement ink. Ask what printer the McKenzie has and buy a replacement cartridge(s)
Phone costs	These can really mount up. Be generous especially with mobile phone calls.
Donations	Volunteer McKenzies are not doing this for the money although a donation to them or to FNF to say 'thank you' may be acceptable.